

Drifting

PAULA (31)

You know, people think you have to always be by yourself to feel alone.

But they're wrong.

The worst kind of alone is when you're surrounded by other people...even the people you love...and you can't seem to touch them or make them understand how lonely you feel inside.

It's like there's this great glass wall of pain and regret that locks you away from the rest of the world. You can see them, and they can see you...but we become shadows to each other...too distant to feel or touch.

I don't know exactly when it happened. Somewhere...years ago...I just kinda lost my way.